

MEDIA RELEASE

Onsite Health Solutions to feature proven health program at Kalgoorlie's GME

Onsite Health Solutions (OHS) will showcase a health and educational program that has been credited with significantly reducing back and neck injuries at mining sites on **Stand 1058** during the Goldfields Mining Expo (GME) at the Kalgoorlie-Boulder Racing Club from October 28-30, 2008.

The SafeSpine musculoskeletal health and education program is designed to prevent lost time injuries on work sites Australia-wide.

It also creates and sustains a workplace culture that supports positive health behaviours throughout working hours, even when employees are on breaks.

A University of Western Australia study commissioned by BHP Billiton (Iron Ore) on SafeSpine's effectiveness showed a 60.38% drop in back and neck injuries between 2005 and 2008.

It also showed positive effects on other musculoskeletal-related injuries.

The research project involved more than 10 companies working on rapid growth expansion projects in Western Australia's Pilbara region.

"These findings were despite the continued reduction in the skill and experience of the construction workforce and an overall rise in injury numbers as the workforce grows," OHS representative Kate Harvey said.

The OHS stand will also feature:

- Onsite Wellness Co-ordinators, providing holistic health programs for remote workplaces
- Biggest Winner competitions, where participants can make permanent lifestyle changes
- Health Risk Assessments which profile the health of a business's workforce
- WATCH, a corporate health program aimed at improving workplace health and wellbeing.

OHS is an established provider of effective, tailored health promotion and injury prevention programs in the workplace, including minesites, offshore facilities and corporate offices.

Further information:

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